

NSD has received certifications as an excellent health management company

NSD Co., Ltd. is pleased to announce that we have been selected as “the 2024 Health & Productivity Stocks” and recognized as “2024 Certified Health & Productivity Management Outstanding Organizations (Large Enterprise Category/White 500)” for our efforts outlined below.

Health & Productivity Stocks are jointly selected by the Ministry of Economy, Trade and Industry and the Tokyo Stock Exchange as attractive investment options to investors who prioritize improving corporate value from a long-term perspective from among listed companies with excellent health and productivity management.

Certified Health & Productivity Management Outstanding Organizations are jointly selected by the Ministry of Economy, Trade and Industry and the Nippon Kenko Kaigi as companies that practice particularly excellent health and productivity management from among those that responded to the Survey on Health and Productivity Management conducted by the Ministry of Economy, Trade and Industry.

■ NSD's Policies

Recognizing that our employees are our greatest assets, we promote health & productivity management with a focus on the following perspectives.

- (1) Health promotion and disease prevention
- (2) Balancing work with childcare, nursing care and medical treatment
- (3) Reducing long overtime hours and creating an environment where employees can feel free to take paid leave with our President & CEO serving as the chief executive and Human Resource Executive leading policy planning and implementation, our Human Resources Department works with relevant departments and the NSD Health Insurance Union.

■ Major initiatives in FY2023

In fiscal 2023, NSD focused on (1) above and stepped up its initiatives that utilize the "health point system" (*), which has been implemented since fiscal 2017.

In particular, NSD took steps to encourage exercise, such as a walk rally that simulates a trip around Japan based on the cumulative number of steps registered in the app, and a walking event where departments compete in terms of the average number of steps taken. These initiatives led to an improvement in employee health, including an increase in the average number of steps taken.

We also sought to popularize health and productivity management among our business partners

through support such as holding health and productivity management seminars and providing information.

For more details of NSD's health and productivity management, please see the URL below.

<https://www.nsd.co.jp/english/sustainability/health-management/>

NSD will continue to contribute to society, aiming for growth through health and productivity management.

(*) Health point system

Points are awarded for the registration of health data in a health app developed by NSD, responses to surveys, participation in walking events, etc. Points can be exchanged for health goods.